



Aki Kurose

PEACE CRANE PRESS

May 7, 2015



Dear Aki families,

Our counseling staff and student advisory team have done an impressive job of developing RULER at Aki this year. We have shared about RULER throughout this year; it is a social-emotional program developed by the Yale Center for Emotional Intelligence. The acronym refers to the five key skills of **Recognizing, Understanding, Labeling, Expressing, and Regulating** emotions. Students and staff developed

charters at the beginning of the year that are agreements about how we want to feel when we're at school, and what behaviors we will all demonstrate in order that we can feel that way. Using the Mood Meter and taking a "meta-moment" have been effective tools for students and staff in improving communication with each other. Have you seen our giant Mood Meter in the front of the school? (pictured at right) Smaller versions are posted in classrooms and throughout the building. These are tools we hope you can practice using at home. Learn more at the website for the **Yale Center for Emotional Intelligence**: <http://ei.yale.edu/>. Finally, I hope to see you all at our science fair on May 28!



Sincerely, Mia Williams, Principal

HAPPENING AT AKI :

- Our kids are continuing to work hard and do their best on the **SBAC test**. Testing will be going on daily until the end of May, as we cycle classes of students through the computer labs. Please remind your student that it's important to be quiet in the halls to help ensure that all students get a quiet test environment.
- Students are preparing projects, for the upcoming **Science Fair on May 28!** There is extra support available for students: Because most work on the project happens outside of class time, we are offering after-school support for students from our science teachers



2:30-4:30, on Mondays, Tuesdays and Thursdays up until May 26. Students can get a permission form to stay after school from their science teacher.

- Ms. Gannett's class (left) did restoration work at the nearby Cheasty Greenspace, and planted 60 native plants as part of their year-long environmental learning program with Mountaineers Club.

- **PTSA:** Thank you to all the parents who brought dishes



for the **staff appreciation lunch** (below left) on Wednesday May 6! It was a generous a delicious spread, with ceviche, chicken, vegetables and fruits, chips and cookies and much more! Staff truly enjoyed it. Please join us for the next meeting on May 26 at 6:00 in the library.

- **Missing something?** Don't forget to check the lost and found in the front office.

VOLUNTEER AT AKI :

- **Science Fair:** Do you have a background in science? Help judge the Aki science fair! Contact Tania Westby: tawestby@seattleschools.org

CALENDAR :

MAY

3-8	Staff appreciation week
7	5:30pm PEACE Coalition 206 Rising Community town hall – listening sessions with community leaders
10	Deadline for the Bell Times Survey
12	8 th grade science MSP
12	South end music festival
19	NO SCHOOL due to teacher walkout
25	NO SCHOOL – Memorial Day
26	PTSA meeting – 6:00 pm
28	Science Fair
29	Advisory Day & Activity Day

JUNE

2	Spring music concert
3	2-hr early dismissal
4	Aki Culture Night - 5:30 pm
8	6 th grade Seward Park field trip
10	Talent showcase
11	7 th grade skating and 8 th grade Wild Waves field trips
12	Field Day
16	Last day of school Early dismissal at 1:20 PM

ATHLETICS

Sports Schedule for 5/9/15:

- JV Boys Soccer vs. Salmon Bay at Rainier Beach 2:00pm
- Boys Varsity Soccer vs. Eckstein at Ingraham HS 12:30pm
- Track vs. All MS (Qualifying meet) 12:00pm – 3:00pm at SW Complex
- JV Girls Volleyball vs. Eckstein at Jane Addams 2:00pm
- Varsity Volleyball vs. Eckstein at Jane Addams 12:30pm

COMMUNITY

FREE Guiding Good Choices parenting class at Atlantic Street Center 5150 S Cloverdale Pl, Seattle. (206) 723-1301

SUMMER : There many fantastic programs for students to have fun and avoid summer learning loss. Applications are in the **yellow binder** on the front office counter!